

BEST PRACTICES

2021-2022

Best Practice -- 1

Title : Holistic Development of Students In Context of Health Initiatives and Well-Being

Objectives of the Practice:

To make students realize significance of holistic mindset, healthy lifestyles reinforce positive behaviors to self- empower and start influencing social norms.

The Context:

College focusses on holistic development of students by initiatives viz- Fitness, Counselling, Lectures, Health Camps, Nutrition and hygienic practices, for empowering them to understand potentialities of challenging contextual thought.

The Practice:

The College conducts its activities committed in the domain of ensuring holistic development of students by their active involvement – with staff – towards health initiatives and well-being. The College efforts to create a health culture where students nurture space to share vulnerabilities with timely counselling, empathy and impacting environment.

Evidence of Success:

- Reaching out to learners in developing increasing awareness towards empowering themselves with ‘Stay Fit Stay Healthy’ attitude.
- The students’ willing contribution to rallies, campaigns, poster cum slogan writing, Camps & Lectures towards healthy initiatives has been astounding and commendable.

Problems Encountered and Resources Required:

Shortage of funds as also Convincing of girls from minority community and less educated backgrounds poses constraint in pursuing outreach programmes – though being proficiently dealt with by our College Committees.

Other Relevant Information:

Holistic-centric activities regarding health initiatives and well-being (mental, physical, emotional, psychological) lay emphasis on motivating students to build healthier lifestyles for establishing strong linkage with social transformation.

Best Practice – 2**Title: Swachh Bharat Abhiyaan - Cleanliness Drive by College****Objectives of the Practice:**

The College focussed on awareness campaigns regarding cleanliness, hygienic practices, plantation drives, green technology sessions in identifying and solving problems.

The Context:

The College has an effervescent unit of NSS and NCC students in conducting Swachhata rallies, plantation drives and imparting knowledge in slum localities and villages on cleanliness, hygiene and health.

The Practice:

Inspired by its mission; the Institution assigns priority to inculcate values of social and moral responsibilities among students – engaging them in activities and cleanliness drives in Campus and outside. Cleanliness drive was undertaken in 5 adopted villages under Unnat Bharat Abhiyaan, viz- Gangarampurwa, Dibnipurwa, Rampur, Ramel and Bakarganj.

Evidence of Success:

- The College gained success in identifying and ameliorating problems of locals by their positive response towards cleanliness maintenance.
- Plastic free campaigns and waste management demonstrations – a wonderful job done by students established a good interactive rapport with people – especially womenfolk.

Problems Encountered and Resources Required:

Students from minority communities aren't given permission for outreach services. Despite hard work of students in ensuring cleanliness, some ignorant civilians don't continue such drive -- leaving students' efforts in vain.

Other Relevant Information:

Our students are committed towards cleanliness initiatives and awareness generation. Swachhata - as a main theme activity - manifests in rudimentary objective of providing a dais for social and community work.